



Taiga

Electric Cryotherapy
Chamber

A true plug & play whole-body cryotherapy chamber for
recovery, wellness and longevity.

The experience

Reset your body, head to toe.

Step into the spacious cabin and immerse yourself in extremely cold, dry air for 2–4 minutes.

-110°C

Feels like

2–4 min

A typical session

The Taiga is designed for convenience, consistency and ease of use.



The chamber

Engineered to the last detail.



Breathable air throughout, with cabin temperature monitored for the whole session.

The effect

What it delivers.

Whole-body cold prompts a set of natural responses. It sounds hard. It isn't. Just cold.



Vasomotor response

The body's natural constrict-and-dilate response to cold.

WHEN YOU FEEL IT

In session

Right after

Hours after



Analgesic effect

May ease discomfort and make daily routines easier to tolerate.

WHEN YOU FEEL IT

In session

Right after

Hours after



Myorelaxant effect

Supports muscle relaxation after exercise and hard training.

WHEN YOU FEEL IT

In session

Right after

Hours after



Invigoration

Many people step out feeling refreshed, clear and alert.

WHEN YOU FEEL IT

In session

Right after

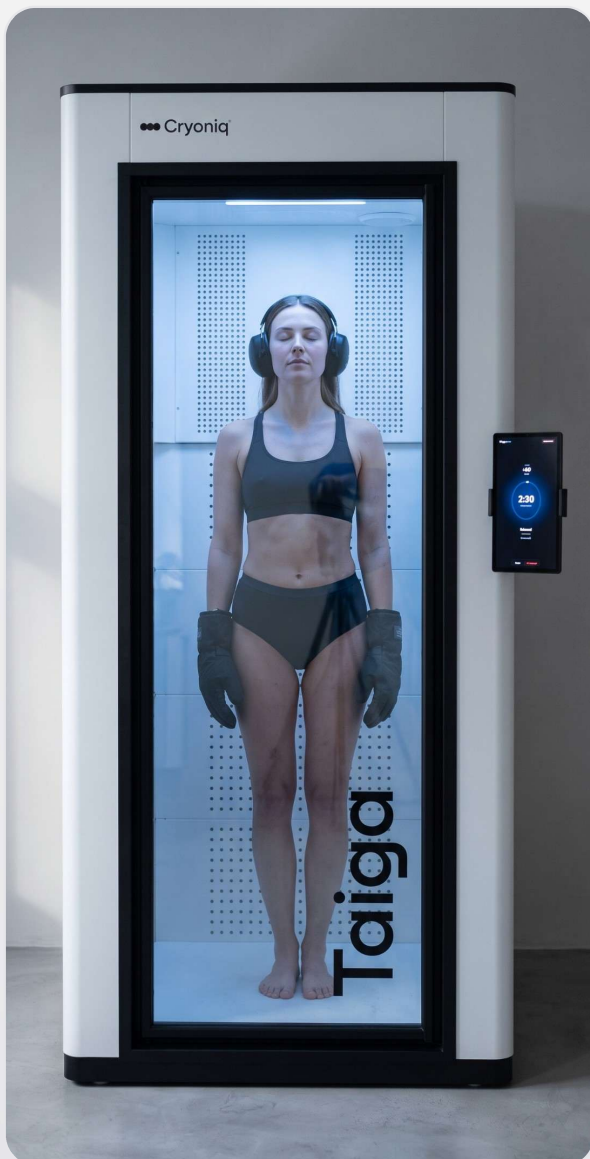
Hours after

General physiological responses to whole-body cold. Individual responses vary. This is not a medical claim or diagnosis.

The session

Treatment workflow.

Four simple steps, from getting ready to stepping back out.



1

Prepare ≈ 3 min

Dry skin. Ear muffs, gloves, underwear, socks and slippers. Remove jewelry and piercings.

2

Choose your session ≈ 30 sec

Pick the intensity mode and session length that fit your experience.

3

Enjoy the session 2–4 min

Focus on your breathing. Play some music, move if you like. Step out whenever you want.

4

Step out ≈ 2 min

Warm up, have some water, and get on with your day.

Door to done in ≈ 10 minutes

Whole-body cryotherapy is not for everyone. Talk to a health professional before your first session.

For business

Where Taiga works.

Designed to fit anywhere. All it needs is a regular power outlet.



Clinics & physiotherapy

Recovery sessions alongside rehab plans.



Gyms & sports facilities

Before or after workouts, for groups, teams or single members.



Spas & wellness

A cold ritual next to the sauna.



Hotels & resorts

A signature stop for guests.

For business

Return on Investment.

Taiga is optimized to deliver consistent session quality for just $\approx$ \$5 per day in electricity cost. Here is what a day of sessions can be worth.

A DAY OF SESSIONS · AT \$40 A SESSION

STEADY

10 sessions
a day

REVENUE

\$400

\$5

BUSY

20 sessions
a day

REVENUE

\$800

\$5

FULL DAY

30 sessions
a day

REVENUE

\$1,200

\$5

■ Estimated revenue ■ Electricity to run the day

At 20 sessions a day · after electricity

$\approx$ \$15,900
a month

$\approx$ \$190,800
a year

Estimated revenue is sessions $\times$ the session price shown, before staff, rent and finance costs. Electricity is the only per-day running cost. Month at 20 working days, year at 20 days $\times$ 12. Estimates for illustration only — session pricing and volume vary by region and operation.

For home

Own your recovery.

Treat yourself to a recovery session whenever you need it, in the privacy and convenience of your home.



Fits a room

Whether a house, garage or apartment, 80 sq ft is all the Taiga needs for optimal function



Plug it in

All it needs is a standard power outlet



Ready when you are

With the built-in timer you can set it to be ready whenever you need it



The details

Specifications.

No plumbing

No gas

One socket



WEIGHT
350 kg
770 lb



POWER SUPPLY
230 V AC
1 phase · C16



SURFACE
Metal sheet
Plastic-coated



Inside the cabin

900 × 820 mm floor. 2045 mm of headroom.

RECOVERY FOR EVERYONE

Contact Us:
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Call us:
302-303-0870

Visit Us:
www.cryoniq.com/us

