



Taiga

Electric Cryotherapy
Chamber

An electric whole-body cryotherapy chamber for recovery,
wellness and longevity.

The experience

Reset your body, head to toe.

Step into the spacious cabin and immerse yourself in extremely cold, dry air for 2–4 minutes.

-90°C

Feels like

2–4 min

A typical session

The Taiga is designed for convenience, consistency and ease of use.



The chamber

Engineered to the last detail.

Clear view out at all times

Full sized heated glass door

Keep track of your session

Built-in smart LED indicators

Fits into every room

Takes up only 1.8 m²

Set it and forget it

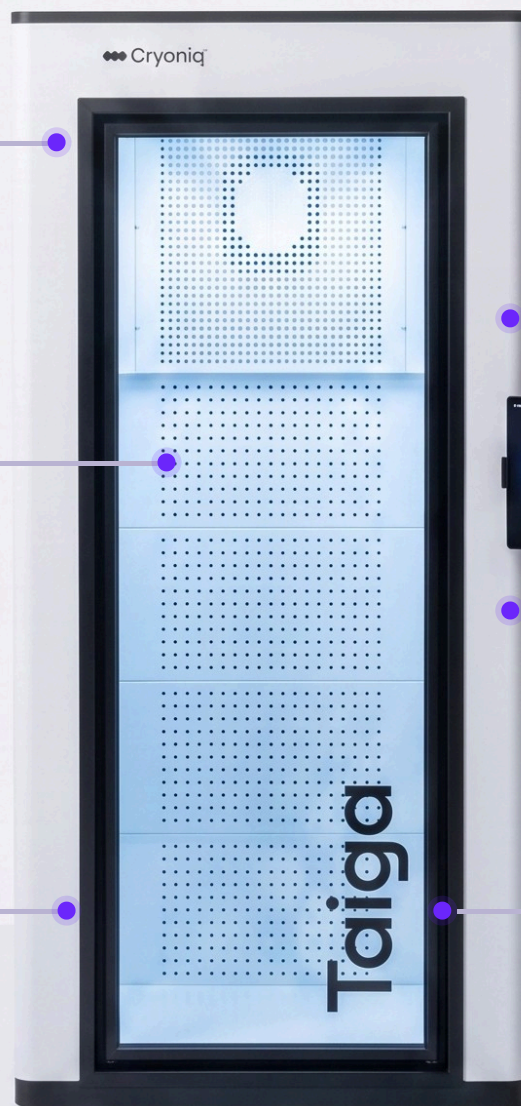
Pick your setting and let Taiga do the rest.

Make it your own

Create your own profile and Taiga will run your favourite session every time.

Fully electric

Powered by 220/230 V.



Breathable air throughout, with cabin temperature monitored for the whole session.

The effect

What it delivers.

Whole-body cold prompts a set of natural responses. It sounds hard. It isn't. Just cold.



Vasomotor response

The body's natural constrict-and-dilate response to cold.

WHEN YOU FEEL IT

In session

Right after

Hours after



Analgesic effect

May ease discomfort and make daily routines easier to tolerate.

WHEN YOU FEEL IT

In session

Right after

Hours after



Myorelaxant effect

Supports muscle relaxation after exercise and hard training.

WHEN YOU FEEL IT

In session

Right after

Hours after



Invigoration

Many people step out feeling refreshed, clear and alert.

WHEN YOU FEEL IT

In session

Right after

Hours after

General physiological responses to whole-body cold. Individual responses vary. This is not a medical claim or diagnosis.

The session

Treatment workflow.

Four simple steps, from getting ready to stepping back out.



1

Prepare ≈ 3 min

Dry skin. Ear muffs, gloves, underwear, socks and slippers. Remove jewelry and piercings.

2

Choose your session ≈ 30 sec

Pick the intensity mode and session length that fit your experience.

3

Enjoy the session 2–4 min

Focus on your breathing. Play some music, move if you like. Step out whenever you want.

4

Step out ≈ 2 min

Warm up, have some water, and get on with your day.

Door to door in ≈ 10 minutes

Whole-body cryotherapy is not for everyone. Talk to a health professional before your first session.

For business

Where Taiga works.

Designed for a wide range of spaces. Every installation is planned with our team.



Clinics & physiotherapy

Recovery sessions alongside rehab plans.



Gyms & sports facilities

Before or after workouts, for groups, teams or single members.



Spas & wellness

A cold ritual next to the sauna.



Hotels & resorts

A signature stop for guests.

For business

Return on Investment.

Taiga is optimized to deliver consistent session quality for just ≈ 50 AED per day in electricity cost. Here is what a day of sessions can be worth.

A DAY OF SESSIONS • AT 300 AED A SESSION

STEADY

10 sessions

a day

REVENUE

3,000 AED

50 AED

BUSY

20 sessions

a day

REVENUE

6,000 AED

50 AED

FULL DAY

30 sessions

a day

REVENUE

9,000 AED

50 AED

■ Estimated revenue ■ Electricity to run the day

At 20 sessions a day • after electricity

119,000 AED

a month

1,428,000 AED

a year

Estimated revenue is sessions $\times$ the session price shown, before staff, rent and finance costs. Electricity is the only per-day running cost. Month at 20 working days, year at 20 days $\times$ 12. Estimates for illustration only — session pricing and volume vary by region and operation.

For home

Own your recovery.

Treat yourself to a recovery session whenever you need it, in the privacy and convenience of your home.



Fits a room

Whether a house, garage or apartment, a 12 m² (130 sq ft) space is all Taiga needs for optimal function



All electric

Cools with its own sealed circuit. Powered by 220/230 V



Ready when you are

With the built-in timer, set it to be ready whenever you need it



A profile for everyone

Each member of the household saves their own favourite session



The details

Specifications.



WEIGHT

350 kg

770 lb



POWER SUPPLY

230 V AC

1 phase · C16



SURFACE

Metal sheet

Plastic-coated



Inside the cabin

900 × 820 mm floor. 2045 mm of headroom.

RECOVERY FOR EVERYONE

Contact Us:

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